

# SYNERGY SPONSORS OLYMPIC ROWING COAH ON FOUR-MONTH JOURNEY



**Kjell Tore Solvang coached Norway's national rowing team and led them to win three Olympic gold medals, four World Championship gold medals and four European Championship gold medals. He is Norway's most successful coach in summer sports.**

Working in a culture with world-champion endurance athletes, Kjell understands that there are few limits to what the body can do. He believes that if you want to accomplish an amazing physical feat you simply need to train hard and never stop training. It's all about priorities. Though he has lead rowing teams to victory time and time again, he believes there is still more to achieve and is why on May 2, 2015, Kjell embarked on the most exhausting and trying excursion of his life.

Kjell spent four months rowing 10-12 hours per day, taking himself around the Norwegian Coastline from the Swedish coast to the Russian border. This was, undoubtedly, a painstaking task, but Kjell had an additional motive to complete the journey: raising money for children suffering from brain tumors.

**He fished for food, slept in his boat or a tent on the shore, and had a constant supply of Synergy products—he lives by ProArgi-9+, Mistica, Chlorophyll and e9!**