

CLINICAL STUDY: FORTIFY

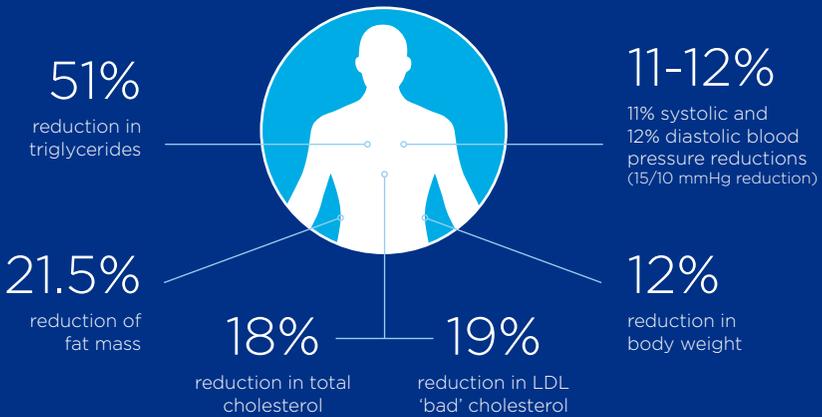
BY SYNERGY WORLDWIDE

The Synergy Fortify program has been put to the test. An independently reviewed clinical study was conducted to prove the significance of this revolutionary program and the efficacy of the products within it. The results of the study are truly remarkable.



The study began with two groups of generally healthy people. For 90 days, scientists monitored the metabolic health of both groups, looking closely at key biomarkers such as blood pressure, body fat, and serum lipids. Participants in both groups followed diet and exercise recommendations but only the second group received the added benefits of the Fortify products.

At the end of 90 days, the group who received the Fortify supplements experienced median improvement in the following areas:



THE POWER OF THE SUPPLEMENTS

Study participants experienced greater results with Fortify supplements than with diet and exercise alone*.



At the end of 90 days, the median weight loss for Fortify program participants was 26 pounds!

FORTIFY VS. COMPETITORS

When compared to published studies on many popular brand-name weight loss programs†, the Fortify program outperformed every one.

The results experienced by Fortify participants were superior in several key biomarker categories, including:

- Improved body fat loss, between 15%–233%
- Greater improvements in triglycerides levels
- Greater improvements in total cholesterol and LDL cholesterol levels

*When compared to clinical study participants who only followed the Fortify meal plan and moderate exercise.

†Comparison based on a range of reported data published by commercial weight loss programs in the U.S.. See references section for details.